

DOLLAR BAY-TAMARACK CITY AREA SCHOOLS BOARD OF EDUCATION
REGULAR MEETING - DB-TC ACTIVITY ROOM - April 17, 2023 - 5:30 P.M.

- I. Opening of Meeting
 - A. Pledge of Allegiance
 - B. Call to Order
 - C. Roll Call

- II. Recommendation to adopt Agenda

- III. Public Comment

- IV. Consent Agenda - Recommendation to approve the following:
 - A. Regular Board Meeting Minutes (previous month)
 - B. Financial Statements through the previous month
 - C. Checks written in the previous month

- V. Reports
 - A. Superintendent
 - B. MS/HS Principal

- VI. Action and Discussion Items
 - A. Recommendation to consider designation of electoral representation by Steve LeClaire, president, as primary, and Donna Engman, vice president, as alternate, for the CCISD Board June 5, 2023 Biennial Election.
 - B. Recommendation to approve updates to the school wellness plan.
 - C. Recommendation to consider moving May's regular board meeting one day forward, to Tuesday, May 16, 2023, 5:30 p.m.

- VII. Old and/or New Business

- VIII. Adjournment

-This meeting is a meeting of the Board of Education in public for the purpose of conducting the school district's business and is not to be considered a public community meeting. There is a time for public comment during the meeting as indicated in the agenda.
-Upon request to the superintendent, DB-TC Area Schools shall make reasonable accommodation for a person with disabilities to be able to participate in the meeting.

DOLLAR BAY-TAMARACK CITY AREA SCHOOLS BOARD OF EDUCATION
REGULAR MEETING - DB-TC ACTIVITY ROOM- MARCH 20, 2023 - 5:30 P.M.

- I. Opening of Meeting
 - A. Pledge of Allegiance - 5:30 pm
 - B. Call to Order
 - C. Roll Call
 - Board Members: Steve LeClaire, Dallas Bond, David Maki, Christine Halkola, Angela Keranen,
 - Absent: Donna Engman, Jen Stout
 - Administration: Christina Norland (S.I./K-5 Principal), Jesse Kentala (MS/HS Principal), Tom Sturos (Business Manager)

- II. Recommendation to adopt Agenda
 - Motion by David Maki, discussion to add Business Manager to Reports and to add a recommendation for a new hire in old and/or new business, support by Christine Halkola. Motion carried unanimously.

- III. Public Comment
 - The Board heard public comment.

- IV. Consent Agenda
 - A. Recommendation to approve the following:
 1. Regular Board Meeting Minutes (previous month)
 2. Financial Statements through the previous month
 3. Checks written in the previous month
 - B. Motion by David Maki, support by Dallas Bond. Motion carried unanimously.

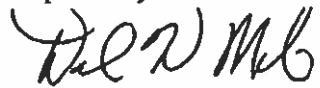
- V. Reports
 - A. Superintendent
 - B. MS/HS Principal
 - C. Business Manager
 - The Board heard the reports.

- VI. Action and Discussion Item: Recommendation to discuss and decide upon CCASB award recipients: Student, Employee, and School Service.
 - Motion by David Maki to approve the nominees as recommended by our staff (Student- Amos Norland, Employee- Kevin Butler, School Service- Wayne Laitala), support by Angela Keranen. Motion carried unanimously.

- VII. Old and/or New Business
 - Recommendation to approve the hire of Connor LeClaire as Junior High Track Coach. Motion by Dallas Bond, support by Christine Halkola. Steve LeClaire abstains due to relation. Motion carries.

- VIII. Adjournment - 5:55 pm
 - Motion by Dallas Bond, support by Angela Keranen. Motion carried unanimously.

Respectfully Submitted,



Dave Maki (Secretary)
Typed by Danielle Bausano

DRAFT

-This meeting is a meeting of the Board of Education in public for the purpose of conducting the school district's business and is not to be considered a public community meeting. There is a time for public comment during the meeting as indicated in the agenda.
-Upon request to the superintendent, DB-TC Area Schools shall make reasonable accommodation for a person with disabilities to be able to participate in the meeting.

Dollar Bay - Tamarack City Area Schools
Statement of Revenue and Expenditures
FY: 2022-2023

REVENUE

Major Class-Description	Budget	07/01/22 - 3/31/2023	Balance	Avail. Bal. %
100-Local Sources	489,308	393,005	96,303	19.68%
300-State Sources	3,092,528	1,841,053	1,251,475	40.47%
400-Federal Sources	367,021	368,630	(1,609)	-0.44%
500/600-Other Financing Sources	10,800	87	10,713	99.19%
Total Revenue	<u>3,959,657</u>	<u>2,602,775</u>	<u>1,356,882</u>	<u>34.27%</u>

EXPENDITURES

Major Function - Description	Budget	07/01/22 - 3/31/2023	Balance	Avail. Bal. %
100-Instruction				
111-Elementary	1,077,929	547,288	530,641	49.23%
113-High School	1,188,523	605,159	583,364	49.08%
118-Pre Kindergarten	106,788	68,632	38,156	35.73%
122- Special Education	165,215	123,174	42,041	25.45%
125-Compensatory Education	159,265	119,665	39,600	24.86%
200-Supporting Services		-		
210-Guidance/Truancy	2,088	-	2,088	100.00%
219-Other Pupil Support	-	396	(396)	#DIV/0!
220-Library	18,166	24,142	(5,976)	-32.90%
230-Board of Education	31,700	22,223	9,477	29.90%
230-Executive Admin.	233,259	160,148	73,111	31.34%
240-Principals Office	189,048	171,971	17,077	9.03%
250-Fiscal Services	93,209	71,268	21,941	23.54%
260-Operation & Maintenance	328,293	249,681	78,612	23.95%
270-Pupil Transportation	163,850	103,343	60,507	36.93%
280-Central Support Services - Technology	52,550	35,875	16,675	31.73%
290-Athletics	105,684	82,977	22,707	21.49%
400-Payment to Other Gov. Agency, Facility Acq. And Prior Period Adj.				
450-Facility Acquisition/Improvements	-	-	-	
500/600-Other Financing Sources				
510-Debt Service	-	-	-	
6xx - Outgoing Transfer & Modifications	173	-	173	
Total Expenses	<u>3,915,740</u>	<u>2,385,942</u>	<u>1,529,798</u>	<u>39.07%</u>
Net Income	<u>43,917</u>	<u>216,833</u>		

DOLLAR BAY - TAMARACK CITY AREA SCHOOLS

(SUMMARY-ONLY)

Check No.	Check Type	Status	Vendor	Vendor Name	Amount	Description	Date
0	EFT	Pending	24	State Of Michigan W/H	\$2,468.12	Payroll - State Tax Payable	03/03/2023
0	EFT	Pending	24	State Of Michigan W/H	\$2,544.41	Payroll - State Tax Payable	03/17/2023
0	EFT	Pending	24	State Of Michigan W/H	\$2,729.68	Payroll - State Tax Payable	03/31/2023
2269	PAPER	Printed	1557	AMAZON CAPITAL SERVICES	\$1,351.74	Music Supplies; Scoreboard, Wristbands; Classroom Supplies	03/01/2023
2270	PAPER	Printed	1754	ARCHITECTURAL SYSTEMS GROUP	\$690.00	Scoreboard Control	03/01/2023
2271	PAPER	Printed	509	AT&T	\$232.03	1/14/23-2/13/23	03/01/2023
2272	PAPER	Printed	1080	AT&T Mobility	\$196.89	1/12/23-2/11/23	03/01/2023
2273	PAPER	Printed	128	COUNTRY FRESH GR, DEAN DAIRY	\$457.22	2/13/23 Invoice; 2/20/23 Invoice; 2/23/23 Invoice	03/01/2023
2274	PAPER	Printed	1629	CTL CORPORATION	\$12.43	Keys	03/01/2023
2275	PAPER	Printed	94	CAMPIONI ENTERPRISES, INC.	\$45.89	January 2023	03/01/2023
2276	PAPER	Printed	356	Flowers By Sleeman	\$163.99	Parents/Senior Night Flowers	03/01/2023
2277	PAPER	Printed	1234	Gogebic Community College	\$7,204.00	2022-23 Spring Semester	03/01/2023
2278	PAPER	Printed	68	Houghton County Treasurer	\$1,805.00	December 2022 Chargeback	03/01/2023
2279	PAPER	Printed	281	Krist Oil Company, Inc	\$3,811.07	January 2023	03/01/2023
2280	PAPER	Printed	1223	Lamers Bus Lines, Inc.	\$6,439.44	December 2022 Student Transportation	03/01/2023
2281	PAPER	Printed	1747	LAWRENCE COMPANY	\$1,332.50	January 2023 Snow Plowing	03/01/2023
2282	PAPER	Printed	1709	LEVEL UP	\$990.00	Volleyball Uniforms	03/01/2023
2283	PAPER	Printed	605	Osceola Township	\$726.00	December 2022/January 2023	03/01/2023
2284	PAPER	Printed	1052	SCHOOL SPECIALTY	\$534.02	Classroom Table	03/01/2023
2285	PAPER	Printed	1552	SUPERIORLAND ELECTRONICS, Inc.	\$230.00	Fire Alarm Monitoring 9/122-8/31/23	03/01/2023
2286	PAPER	Printed	1391	WEILER, JIM	\$104.32	Ref 2/28/23 JV/V Boys Basketball	03/01/2023
2287	PAPER	Printed	834	NORDSTROM, STEVE	\$74.20	Ref 3/1/23 Varsity Girls Basketball	03/01/2023
2288	PAPER	Printed	1419	PATANA, KEVIN	\$71.20	Ref 3/1/23 Varsity Girls Basketball	03/01/2023
2289	PAPER	Printed	1494	SIMPSON, JEFF	\$75.04	Ref 3/1/23 Varsity Girls Basketball	03/01/2023
2290	PAPER	Printed	1089	BRITZ, ROY	\$104.86	Ref 3/3/23 Varsity Boys Basketball	03/03/2023
2291	PAPER	Printed	1478	DOW, DAVID	\$102.94	Ref 3/3/23 Varsity Boys Basketball	03/03/2023
2292	PAPER	Printed	1580	VICK, LUCAS	\$102.40	Ref 3/3/23 Varsity Boys Basketball	03/03/2023
2293	PAPER	Printed	80	Dollar Bay-Tamarack City Schools	\$150.00	Change for 2023 Elem Scholastic Book Fair	03/06/2023
2294	PAPER	Printed	1401	FAY, ROB	\$74.80	Ref 3/6/23 Varsity Boys Basketball	03/06/2023
2295	PAPER	Printed	1415	MICHALEC, CORY	\$74.68	Ref 3/6/23 Varsity Boys Basketball	03/06/2023
2296	PAPER	Printed	1530	RUOTSALA, SHANA	\$76.70	Ref 3/6/23 Varsity Boys Basketball	03/06/2023
2297	PAPER	Printed	1755	BORSETH, ANDY	\$94.00	Ref 3/8/23 Varsity Boys Basketball	03/08/2023
2298	PAPER	Printed	1756	PESTKA, PAT	\$94.00	Ref 3/8/23 Varsity Boys Basketball	03/08/2023
2299	PAPER	Printed	1412	STRONG, JOE	\$94.00	Ref 3/8/23 Varsity Boys Basketball	03/08/2023
2300	PAPER	Printed	1557	AMAZON CAPITAL SERVICES	\$681.55	Preschool Supplies; Yearbook Supplies; Custodial Supplies	03/10/2023
2301	PAPER	Printed	1388	Capital One	\$421.08	February 2023	03/10/2023
2302	PAPER	Printed	102	GITZEN COMPANY	\$201.16	February 2023	03/10/2023
2303	PAPER	Printed	1223	Lamers Bus Lines, Inc.	\$16,144.68	August 2022 Field Trips; February 2023 Prebilling 6 Of 9; Ja	03/10/2023
2304	PAPER	Printed	1324	The Office Planning Group, Inc.	\$109.32	Meter Usage 1/30/23-2/27/23	03/10/2023
2305	PAPER	Printed	1069	SEG WORKERS COMPENSATION FUND	\$416.00	Workers Comp 7/1/22-7/1/23 Q4	03/10/2023
2306	PAPER	Printed	1757	SQUARE ONE EDUCATION NETWORK	\$250.00	Robotics Competition Fee	03/10/2023
2307	PAPER	Printed	1748	TKE ELEVATOR CORPORATION	\$798.00	2/1/23-4/30/23	03/10/2023

DOLLAR BAY - TAMARACK CITY AREA SCHOOLS

ACCOUNTS PAYABLE CHECK REGISTER
 As of March 2023
 Fund Code : ALL FUNDS

(SUMMARY-ONLY)

Check No.	Check Type	Status	Vendor	Vendor Name	Amount	Description	Date
2308	PAPER	Printed	459	Waste Management, Inc	\$1,153.28	January 2023	03/10/2023
2309	PAPER	Printed	1634	XEROX CORPORATION	\$210.68	Meter Usage 12/29/22-1/23/23	03/10/2023
2310	PAPER	Printed	1416	BAUSANO, DARREN	\$335.00	Game Official February/March 2023	03/14/2023
2311	PAPER	Printed	1076	KEWEENAW MUSIC EDUCATORS ASSOCIATION	\$50.00	Middle School Band Clinic 3/14/23	03/14/2023
2312	PAPER	Printed	1441	WESTPHAL, JAKE	\$15.00	Game Official February/March 2023	03/14/2023
2313	PAPER	Printed	1306	American Heart Association	\$51.10	2023 Jump Rope For Life	03/15/2023
2314	PAPER	Printed	730	CCISD	\$11,847.50	SupportNet Q3, Xello Membership, VolP	03/20/2023
2315	PAPER	Printed	14	SET SEG, ATTN: FINANCE	\$329.70	March 2023; April 2023	03/20/2023
2316	PAPER	Printed	645	O'CONNOR, WILLIAM	\$96.35	Reimb Science 6 experiment supplies	03/22/2023
2317	PAPER	Printed	1447	SCHOLASTIC BOOK FAIRS - 15	\$1,775.62	2023 Spring Book Fair	03/22/2023
2318	PAPER	Printed	1557	AMAZON CAPITAL SERVICES	\$75.40	Custodial Supplies; Classroom Supplies	03/28/2023
2319	PAPER	Printed	730	CCISD	\$14,675.50	Business Services Q3, VolP	03/28/2023
2320	PAPER	Printed	466	CHARTER COMMUNICATIONS	\$141.98	Elevator Line March 2023	03/28/2023
2321	PAPER	Printed	77	Daily Mining Gazette	\$45.00	February 2023	03/28/2023
2322	PAPER	Printed	94	CAMPIONI ENTERPRISES, INC.	\$202.16	February 2023	03/28/2023
2323	PAPER	Printed	102	GITZEN COMPANY	\$657.55	Custodial Supplies	03/28/2023
2324	PAPER	Printed	1672	HUNGERFORD NICHOLS	\$8,750.00	Financial Audit Services Final Bill 6/30/22	03/28/2023
2325	PAPER	Printed	1208	Jostens	\$37.20	Diplomas	03/28/2023
2326	PAPER	Printed	602	Junior Library Guild	\$777.96	Book Subscription	03/28/2023
2327	PAPER	Printed	1223	Lamers Bus Lines, Inc.	\$4,698.62	March 2023 Prebilling 7 Of 9	03/28/2023
2328	PAPER	Printed	1747	LAWRENCE COMPANY	\$2,415.00	February 2023	03/28/2023
2329	PAPER	Printed	467	McGann Building Supply, Inc.	\$211.82	February 2023	03/28/2023
2330	PAPER	Printed	1255	Monte Consulting	\$51.75	February 2023	03/28/2023
2331	PAPER	Printed	1607	MYSTERY SCIENCE INC	\$895.00	Annual Membership	03/28/2023
2332	PAPER	Printed	188	PERFORMANCE FOODSERVICE	\$1,116.03	3/3/23 Invoice	03/28/2023
2333	PAPER	Printed	1052	SCHOOL SPECIALTY	\$58.16	Classroom Supplies	03/28/2023
2334	PAPER	Printed	1123	Secrest, Wardle, Lynch	\$38.73	12/1/22-2/28/23	03/28/2023
2335	PAPER	Printed	910	Sysco Eastern Wisconsin	\$1,137.77	3/20/23 Invoice	03/28/2023
2336	PAPER	Printed	89	TADYCHS MARKETPLACE FOODS	\$111.12	February 2023	03/28/2023
2337	PAPER	Printed	650	Upper Pen. Region Of Library Coop., Inc.	\$75.00	UPRLC Membership 10/1/22-9/30/23	03/28/2023
2338	PAPER	Printed	459	Waste Management, Inc	\$1,132.46	February 2023	03/28/2023
2339	PAPER	Printed	1634	XEROX CORPORATION	\$463.34	Meter Usage 1/23/23-2/25/23	03/28/2023
2340	PAPER	Printed	281	Krist Oil Company, Inc	\$915.54	February 2023	03/28/2023
2341	PAPER	Printed	823	RAUTIO, MARY	\$80.00	Reimb Senior Class T-Shirt/Hoodies	03/29/2023
2342	PAPER	Printed	1080	AT&T Mobility	\$196.89	2/12/23-3/11/23	03/30/2023
2343	PAPER	Printed	1388	Capital One	\$260.40	February/March 2023	03/30/2023
2344	PAPER	Printed	486	CDW Government, Inc.	\$288.35	Chromebox	03/30/2023
2345	PAPER	Printed	1493	JK Trophies And Awards	\$287.90	Plaques/Ribbons	03/30/2023
2346	PAPER	Printed	1691	JOHNSON, AMY	\$188.53	2023 MACUL Conf	03/30/2023
2347	PAPER	Printed	1208	Jostens	\$756.90	Graduation Tassel; Graduation Gowns/	03/30/2023
2348	PAPER	Printed	1223	Lamers Bus Lines, Inc.	\$13,995.53	February 2023 Student Transportation; Sports/Field Trips; Ap	03/30/2023
2349	PAPER	Printed	1641	MARQUETTE EMBROIDERY & LETTERING	\$44.00	Banner	03/30/2023

DOLLAR BAY - TAMARACK CITY AREA SCHOOLS
 (SUMMARY-ONLY)

Check No.	Check Type	Status	Vendor	Vendor Name	Amount	Description	Date
2350	PAPER	Printed	467	McGann Building Supply, Inc.	\$163.52	March 2023	03/30/2023
2351	PAPER	Printed	748	MOILANEN, SARA	\$13.52	Reimb 3/23/23 Walmart Charges	03/30/2023
2352	PAPER	Printed	1324	The Office Planning Group, Inc.	\$83.45	Meter Usage 2/28/23-3/29/23	03/30/2023
2353	PAPER	Printed	1758	RAPTOR EDUCATION GROUP INC	\$33.50	Owl Pellets	03/30/2023
2354	PAPER	Printed	1261	RUNNING WAREHOUSE	\$661.48	Running Shorts	03/30/2023
2355	PAPER	Printed	1052	SCHOOL SPECIALTY	\$46.16	File Folders	03/30/2023
2356	PAPER	Printed	506	Torch Lake Township Treasurer	\$795.51	2022 Summer Tax Refund	03/30/2023
2357	PAPER	Printed	1394	Voyager Sopris	\$126.50	Classroom Supplies	03/30/2023
2416	EFT	Printed	3	EFTPS - Electronic Federal Tax Payment S	\$14,307.50	Payroll - FICA Tax Payable	03/03/2023
2417	EFT	Printed	961	Valic C/O Chase Bank	\$1,015.38	VALIC 403(b) Annuity	03/03/2023
2418	EFT	Printed	1268	Health Equity	\$1,416.30	Health Savings Account	03/03/2023
2419	EFT	Printed	9	MPSERS	\$26,347.79	MIP VOYA DC Record	03/03/2023
2420	EFT	Printed	1527	PCMI - WillSub, INC	\$1,793.19	3/2/23 Payroll	03/02/2023
2421	EFT	Printed	739	Semco Energy, Inc.	\$4,051.79	February 2023	03/17/2023
2422	EFT	Printed	1578	BMO Financial Group	\$1,758.78	February 2023	03/05/2023
2423	EFT	Printed	3	EFTPS - Electronic Federal Tax Payment S	\$14,917.40	Payroll - FICA Tax Payable	03/17/2023
2424	EFT	Printed	961	Valic C/O Chase Bank	\$1,015.38	VALIC 403(b) Annuity	03/17/2023
2425	EFT	Printed	1268	Health Equity	\$2,416.30	Health Savings Account	03/17/2023
2426	EFT	Printed	9	MPSERS	\$29,336.22	MIP VOYA DC Record	03/17/2023
2427	EFT	Printed	6	MESSA	\$34,516.37	March 2023 Insurance; MESSA Options (Catch-Up); MESSA Health	03/17/2023
2428	EFT	Printed	1527	PCMI - WillSub, INC	\$933.93	3/17/23 Payroll	03/17/2023
2429	EFT	Printed	9	MPSERS	\$270,122.70	UAAL	03/24/2023
2430	EFT	Printed	1527	PCMI - WillSub, INC	\$9,807.21	3/31/23 Payroll	03/31/2023
2431	EFT	Printed	1455	Marlin Business Bank	\$150.00	February 2023	03/02/2023
2432	EFT	Printed	1455	Marlin Business Bank	\$150.00	February 2023	03/14/2023
2433	EFT	Printed	1455	Marlin Business Bank	\$159.51	February 2023 Final Pmt	03/28/2023
2434	EFT	Printed	3	EFTPS - Electronic Federal Tax Payment S	\$16,460.87	Payroll - FICA Tax Payable	03/31/2023
2435	EFT	Printed	961	Valic C/O Chase Bank	\$1,015.38	VALIC 403(b) Annuity	03/31/2023
2436	EFT	Printed	1268	Health Equity	\$1,416.30	Health Savings Account	03/31/2023
2437	EFT	Printed	1597	GORDON FOOD SERVICE	\$6,465.37	2/27/23 Invoice; 3/6/23 Invoice; 3/20/23 In	03/27/2023
2438	EFT	Printed	9	MPSERS	\$30,169.31	MIP VOYA DC Record	03/31/2023

GRAND TOTAL: 115 checks **\$596,591.80**

DOLLAR BAY - TAMARACK CITY AREA SCHOOLS

ACCOUNTS PAYABLE CHECK REGISTER
 As of March 2023
 Fund Code : ALL FUNDS

(SUMMARY-ONLY)

Check No.	Check Type	Status	Vendor	Vendor Name	Amount	Description	Date
FUND SUMMARY							
	Fund				Amount		
	11				586,555.84		
	25				10,035.96		
					\$596,591.80		

Dollar Bay-Tamarack City Area Schools

Wellness Plan

Preface

MDE states: *The Michigan State Board of Education recognizes and acknowledges that “schools cannot achieve their primary mission of education if students and staff are not physically, mentally and socially healthy.” The Board believes that schools should provide a campus-wide environment where students are taught healthy eating and physical activity knowledge, skills, and values. In addition, the campus-wide environment should provide ample opportunity to practice these skills on a daily basis.*

A local school wellness policy is a written document that guides a local educational agency’s (LEA) efforts to establish a school building environment that promotes students’ health, well-being, and ability to learn. The wellness policy requirement was established by the Child Nutrition and WIC Reauthorization Act of 2004, and further strengthened by the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). It is specific to LEAs (local school districts, public school academies, and intermediate school districts), as opposed to School Food Authorities, that participate in the National School Lunch Program and/or School Breakfast Program. The responsibility for developing, implementing, and evaluating a wellness policy is placed at the local level so the unique needs of each school under the LEA’s jurisdiction can be addressed.

The DB-TC School Wellness Plan/Policy is modeled after the MDE Model Local School Wellness Policy:

https://www.michigan.gov/documents/mde/SBE_Model_LWP + ADA - Final_SBE_Version_56002_3_7.pdf

The policy was last updated January 2023.

Policy Documents

This document serves as the district’s comprehensive wellness plan, intended to meet federal standards for school wellness policy implementation. It can be found on the school website.

The school’s NEOLA wellness policy can be found online by searching “Wellness” or “8510” at this web address:

https://docs.google.com/document/d/1j9s_ZItF-puwN01AzvykTn2rleNFmhNOtsWpCP36LT0/edit

This comprehensive wellness plan, which is based upon the NEOLA wellness policy, can be found on the school district website, <http://www.dollarbay.k12.mi.us/>, by clicking on “Transparency Reporting” and scrolling to the bottom to click on the School District’s Wellness Policy link.

Wellness Committee and Policy Leadership

MDE Dictates: *The LEA will convene a representative **district wellness committee** to establish goals for and oversee school health policies and programs, including development, implementation, and periodic review and update of this district-level wellness policy.*

The Superintendent has appointed a **District Wellness Committee (DWC)** that meets at least two times per year:

Christina Norland, Superintendent, norlandc@dbschools.us

Jen Salo, Food Service Director, saloj@dbschools.us

Donna Engman, School Board Member, engmandonna@yahoo.com

Carrie Meneguzzo, Parent, meneguzzoc@dbschools.us

Dan Juopperi, K-12 Physical Education Teacher, juopperid@dbschools.us

Dallas Bond, School Board Member (alternate), upbonds@up.net

The District Wellness Committee (DWC) has a **schedule** of two meetings per year.

Participation in the District Wellness Committee is permitted for the general public and the school community. Those interested in serving on the DWC are encouraged to contact the superintendent.

MDE Dictates: *The LEA will establish **wellness policy leadership** of one or more district and/or school building official(s) (e.g., superintendent, building principal) who have the authority and responsibility to ensure each school building complies with this policy.*

The Dollar Bay-Tamarack City Board of Education has designated the Superintendent as the individual charged with operational responsibility for verifying that the District meets the goals established in this policy:

Christina Norland, Superintendent, 906-482-5800 x2111, norlandc@dbschools.us

Policy Content

Nutrition Education, Promotion, and Standards

MDE dictates: *Every year, all students, PK-12, shall receive **nutrition education** that is aligned with the Michigan Health Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Health Education. Nutrition education that teaches the knowledge, skills, and values needed to adopt healthy eating behaviors shall be integrated into the curriculum. Nutrition education information shall be offered throughout the school campus including, but not limited to, school dining areas and classrooms. Staff members who provide nutrition education shall have the appropriate training.*

The DB-TC Board of Education has set the following goals in an effort to enable students to educate about good health and nutrition habits:

1. Nutrition education shall be included in the Health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.
2. Nutrition education standards and benchmarks shall be age-appropriate and culturally relevant.
3. Nutrition education standards and benchmarks promote the benefits of a balanced diet that includes fruits, vegetables, whole grain products, and low-fat and fat-free dairy products.

NUTRITION EDUCATION STRATEGIES AND ACTIVITIES

-The P.E./Health teacher will follow the Michigan Model for Health curriculum at the 9th grade level, which includes nutrition instruction.

-The P.E. teacher will teach all K-5 P.E. classes basic nutrition instruction in an age-appropriate manner.

-The P.E./Health teacher will instruct students on the food groups and teach about and encourage healthy eating at all levels.

-Guest teachers will come into our classrooms to present cooking and tasting lessons to students to expose them to various foods and encourage them to cook and eat healthily.

MDE states: *Nutrition promotion and education positively influence lifelong eating behaviors by using evidence-based techniques and nutrition messages, and by creating food environments that encourage healthy nutrition choices and participation in school meal programs. Students and staff will receive consistent nutrition messages throughout school buildings, classrooms, gymnasiums, and cafeterias. Nutrition promotion also includes marketing and advertising nutritious foods and beverages to students and is most effective when implemented consistently through a comprehensive and multi-channel approach by school building staff, teachers, parents, students, and the community. The District will promote healthy food and beverage choices for all students throughout the school campus, as well as encourage participation in school meal programs.*

The DB-TC Board of Education has set the following goals in an effort to promote good nutrition:

1. Create an environment that reinforces the development of healthy eating habits, including offering the following healthy foods that comply with the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards:
 - a variety of fresh produce to include those prepared without added fats, sugars, refined sugars, and sodium
 - a variety of vegetables daily to include specific subgroups as defined by dark green, red/orange, legumes, starchy, and other.
2. Eliminate trans-fat from school meals.
3. Require students to select a fruit or vegetable as part of a complete reimbursable meal.

NUTRITION PROMOTION STRATEGIES AND ACTIVITIES

-A survey will be conducted annually to determine the favorite and least foods from the breakfast and lunch program along with additional foods students would like to see added to the hot breakfast and lunch menu. This survey will be conducted to see what students currently enjoy on the menu and see what foods students would want added to the menu. The purpose of the survey is to make the menus more appealing and encourage more student participation in the breakfast and lunch programs.

-The Cultural Studies high school class will expose students to interesting and healthy foods from other cultures.

-Healthy options will be easily accessible for all students in the lunch line.

-Students will be offered "seconds" of healthy fruit and vegetable choices at lunch time, as possible/available.

-There will be no form of shaming of students who have a negative lunch balance, and these students will not be deprived of food nor will they be required to perform chores. Students' parents are contacted directly regarding lunch debt (students are notified only if contact with parents was unsuccessful, and only in private).

FUTURE GOAL: Food Service staff will integrate more cooking from scratch recipes in the menu.

With the objectives of enhancing student health and well-being, and reducing childhood obesity, the following standards and nutrition guidelines are established:

1. All foods offered on the school campus during the school day shall comply with the current USDA Dietary Guidelines for Americans, other than those which fall under the exemption clause (below).
2. The food service program will strive to be financially self-supporting; however, if it is necessary to subsidize the operation, it will not be through the sale of foods with minimal nutritional value.

STANDARDS AND NUTRITION STRATEGIES AND ACTIVITIES

-The school breakfast and lunch menus will be available on the school website and will encourage healthy eating in a positive manner.

Exemption Clause: As of July 2015, Michigan allows two fundraisers per week per school building that do not meet the Smart Snacks standards. A fundraiser may last up to one (1) day. These exemptions are optional and are up to the schools to track on their own. They may not be sold in the foodservice area during mealtimes.

Dollar Bay-Tamarack City Area Schools personnel are aware of this exemption.

Policy Content

Physical Education, Physical Activity, and Other School-Based Activities

MDE Dictates: *The District shall offer physical education opportunities that include the components of a quality physical education program. Physical education shall equip students with the knowledge, skills, and values necessary for lifelong physical activity. Physical education instruction shall be aligned with the Michigan Physical Education Grade Level Content Expectations and the Michigan Merit Curriculum Guidelines for Physical Education.*

The DB-TC Board has set the following goals related to physical education:

1. A sequential, comprehensive physical education program shall be provided for students in K-12 in accordance with the standards and benchmarks established by the State.
2. The sequential, comprehensive physical education curriculum shall stress the importance of remaining physically active for life.
3. Properly certificated, highly qualified teachers shall provide all instruction in physical education.

PHYSICAL EDUCATION STRATEGIES AND ACTIVITIES:

-The P.E. teacher will teach physical education to all K-5 classes at least twice per week, and to high school 9th grade students, as well as 6th-12th grade students as an elective.

-The P.E. teacher will implement a 6-week fitness challenge encouraging students to exercise, especially outdoors, five out of seven days a week, requiring parents to sign off on the activity.

MDE Dictates: *Students, Pre-K-12, shall have the opportunity to participate regularly in supervised physical activities, either organized or unstructured, intended to maintain physical fitness and to understand the short- and long-term benefits of a physically active and healthy lifestyle.*

The DB-TC Board has set the following goals related to physical activity:

1. Physical activity should not be employed as a form of discipline or punishment.
2. All students in grades 6-12 shall have the opportunity to participate in interscholastic sports programs.

PHYSICAL ACTIVITIES STRATEGIES AND ACTIVITIES:

- K-5 students will participate in the ACES (All Children Exercising Simultaneously) event in the spring, when offered.
- MHSAA sports programs will be offered at the junior high and high school levels.
- Elementary basketball sports programs will be offered.
- A 5K Walk-Run was implemented in Fall 2018, and the district intends to further promote and encourage this, especially expanding student participation.
- A Halloween Parade will take place in late October, involving the entire K-5 student body walking several blocks through the town.
- FUTURE GOAL: The committee will consider implementing a Walk/Bike to School event for the coming school year.

MDE Dictates: *The District will implement other evidence-based programs across the school setting to create environments that are conducive to healthy eating and physical activity and convey consistent health messages.*

The DB-TC Board has set the following goals related to other school-based activities to promote student wellness:

1. The school shall provide attractive, clean environments in which the students eat.
2. The school utilizes electronic identification systems (PowerSchool), therefore eliminating any stigma or identification of students eligible to receive free and/or reduced meals.

OTHER STRATEGIES AND ACTIVITIES:

- The district will continue to use PowerSchool, with a student ID/number system which prevents students being visibly identified as FRL.
- A Jump Rope for Heart challenge opportunity will be included in the K-6 P.E. program.

Policy Content

Public Updates

DB-TC Area Schools informs the public annually about the local wellness policy, including its content, using the district weekly newsletter as the medium of communication, as well as posting on the school website. The Triennial Assessment, including progress toward meeting the goals of the policy, will also be made available to the public. The District will provide information on how the public can participate on the wellness committee and assist with the development, implementation, and periodic review and update of the wellness policy. All communication will be culturally and linguistically appropriate and will be available via the district website and/or district-wide communications (email, newsletters).

Triennial Assessment

Every three years, at a minimum, the district wellness policy will be assessed by the DWC. In general, the district wellness policy will be assessed twice per year at the biennial meetings. At these meetings, the DWC will consider whether the goals are being met and activities are underway, and how to improve upon school nutrition and physical wellness programs and offerings.

Triennial assessments include a review of compliance with the wellness policy, how the wellness policy compares to model wellness policies, and progress made in attaining the goals of the wellness policy.

The most recent triennial assessment is kept on file in the district office.

WELLNESS

As required by law, the Board of Education establishes the following wellness policy for the Dollar Bay-Tamarack City Area School District.

The Board recognizes that good nutrition and regular physical activity affect the health and well-being of the District's students. Furthermore, research concludes that there is a positive correlation between a student's health and well-being and his/her ability to learn. Moreover, schools can play an important role in the developmental process by which students establish their health and nutrition habits by providing nutritious meals and snacks through the schools' meal programs, by supporting the development of good eating habits, and by promoting increased physical activity both in and out of school.

The Board, however, believes this effort to support the students' development of healthy behaviors and habits with regard to eating and exercise cannot be accomplished by the schools alone. It will be necessary for not only the staff, but also parents and the public at large to be involved in a community-wide effort to promote, support, and model such healthy behaviors and habits.

The Board sets the following goals in an effort to enable students to establish good health and nutrition habits:

- A. With regard to nutrition education, the District shall:
 - 1. Nutrition education shall be included in the Health curriculum so that instruction is sequential and standards-based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.
 - 2. Nutrition education standards and benchmarks shall be age appropriate and culturally relevant.
 - 3. Nutrition education standards and benchmarks promote the benefits of a balanced diet that includes fruits, vegetables, whole grain products, and low-fat and fat-free dairy products.

B. With regard to physical activity, the District shall:

1. Physical Education

- a. A sequential, comprehensive physical education program shall be provided for students in K-12 in accordance with the standards and benchmarks established by the State.
- b. The sequential, comprehensive physical education curriculum shall stress the importance of remaining physically active for life.
- c. Properly certified , highly qualified teachers shall provide all instruction in physical education.

2. Physical Activity

- a. Physical activity should not be employed as a form of discipline or punishment.
- b. All students in grades 7-12 shall have the opportunity to participate in interscholastic sports programs.

- C. With regard to other school-based activities the District shall:
1. The school shall provide attractive, clean environments in which the students eat.
 2. Schools in our system utilize electronic identification and payment systems, therefore, eliminating any stigma or identification of students eligible to receive free and/or reduced meals.

- D. With regard to nutrition promotion, any foods and beverages marketed or promoted to students on the school campus, during the school day, will meet or exceed the USDA Smart Snacks in School nutrition standards.

Additionally, the District shall:

1. create an environment that reinforces the development of healthy eating habits, including offering the following healthy foods that comply with the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards:
 - a. a variety of fresh produce to include those prepared without added fats, sugars, refined sugars, and sodium
 - b. a variety of vegetables daily to include specific subgroups as defined by dark green, red/orange, legumes, and starchy
2. eliminate trans-fat from school meals
3. require students to select a fruit or vegetable as part of a complete reimbursable meal

Furthermore, with the objectives of enhancing student health and well being, and reducing childhood obesity, the following guidelines are established:

- A. In accordance with Policy 8500, entitled Food Service, the food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages, including but not limited to the USDA Dietary Guidelines for Americans and the USDA Smart Snacks in School nutrition standards, as well as to the fiscal management of the program.
- B. As set forth in Policy 8531, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the U.S. Department of Agriculture (USDA).
- C. All food and beverages that are district provided, other than through sale, on the school campus during the school day (which may include classroom snacks, for classroom parties, and at holiday celebrations) shall comply with the current USDA Dietary Guidelines for Americans.
- D. The food service program will provide all the students affordable access to the varied and nutritious foods they need to be healthy and to learn well.

The Board designates the Superintendent as the individual(s) charged with operational responsibility for verifying that the District meets the goals established in this policy.

The Superintendent shall appoint a District wellness committee that meets at least two (2) times per year and includes parents, students, representatives of the school

food authority, educational staff (including health and physical education teachers), mental health and social services staff, school health professionals, members of the public and school administrators to oversee development, implementation, evaluation and periodic update of the wellness policy. The Wellness Committee shall be an ad hoc committee with members recruited and chosen annually.

The Wellness Committee shall be responsible for:

- A. assessment of the current school environment;
- B. review of the District's wellness policy;

- C. recommendation for the revision of the policy, as necessary.

Before the end of each school year the Wellness Committee shall recommend to the Superintendent any revisions to the policy it deems necessary and/or appropriate. In its review, the Wellness Committee shall consider evidence-based strategies in determining its recommendations.

The Superintendent shall report annually to the Board on the progress of the Wellness Committee and on its evaluation of policy implementation and areas for improvement, including status of compliance by individual schools and progress made in attaining goals of policy.

The Superintendent is also responsible for informing the public, including parents, students and community members, on the content and implementation of this policy. In order to inform the public, the Superintendent shall post the policy on the District's website.

The District shall assess the Wellness Policy at least once every three (3) years on the extent to which schools in the District are in compliance with the District policy, the extent to which the District policy compares to model wellness policies, and the progress made in attaining the goals of the District Wellness Policy. The assessment shall be made available to the public on the School District's web site.

As of July 2015, Michigan allows two fundraisers per week per school building that do not meet the Smart Snacks standards. A fundraiser may last up to one (1) day. These exemptions are optional and are up to the schools to track on their own. They may not be sold in the foodservice area during mealtimes. Dollar Bay-Tamarack City Area Schools personnel are aware of this exemption.